



May 6, 2022

Cardio Drums for a Cure

Join us on May 6, 2022 as we pound out cancer in our Cardio Drums Event. This event will begin at 1:00PM on Friday, May 6 and will close at 3:00PM. Participants must register to reserve their place and their ball set-up. ONLY registered participants may take place in the drumming event. There will be 2 waves of drumming sessions. One will begin at 1:00PM for 45 minutes. The second will take place at 2:00PM for 45 minutes.

You may bring your own ball set-up/supplies for a reduced price.

- \$10 for Wellness Center Ball
- \$5 Bring your own ball set-up



All proceeds go to Relay for Life



TO REGISTER:
252-522-7944
cthorton@lenoir.org

 **LENOIR**
UNC HEALTH CARE
MINGES WELLNESS CENTER