

Our Comprehensive Program

We are proud to offer a comprehensive program to meet the needs of our surgical patients from start to finish. Included in our program, you will receive:

- * Personalized coordination of services by our Bariatric Coordinator
- * Individualized surgical plan
- * Medical nutrition counseling
- * Health coaching
- * Personal exercise consult and guidance
- * Free membership to Minges Wellness Center after surgery
- * Support groups before and after surgery
- * Lifetime support after surgery

Why Choose our Program?

It is our mission to provide exceptional, individualized care to our patients, and to provide each and every patient with all of the necessary resources for successful weight loss and long-term weight maintenance. Our team of professional staff is committed to ensuring quality care and fostering a positive and supportive environment during your weight loss journey. Our focus is on improving your health and quality of life, and providing lifetime support after surgery.

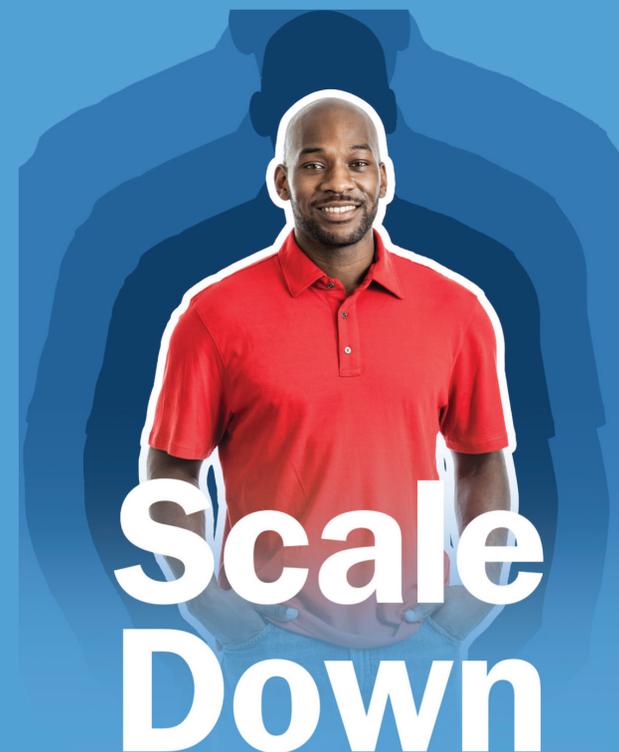


Financial Considerations

Your health insurance may provide bariatric surgery benefits. If you are uncertain if your insurance allows for weight loss surgery, you may call our office and we are happy to perform a benefits check. We also offer a self-pay price and plans for individuals who do not have health insurance.

Please call our Bariatric Associate for more questions regarding insurance benefits and self-pay plans at 252-522-7168.

701 Doctor's Drive Suite A
Kinston, NC 28501
www.lenoirwellness.org
P: 252-522-7168 F: 252-208-1647



Surgical Weight Loss



Offering Surgical weight-loss options and management through an individualized, comprehensive approach.

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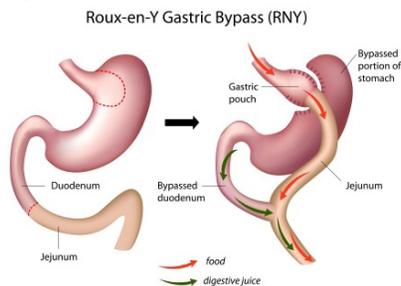
Surgical Options

Our highly skilled surgeons, Dr. Charles Moore and Dr. Joel Rose have been fellowship trained in laparoscopic and minimally-invasive weight-loss surgical procedures. Their specialized training has allowed them to excel in the individualized care and management of weight loss surgery patients.

Surgical Options include:

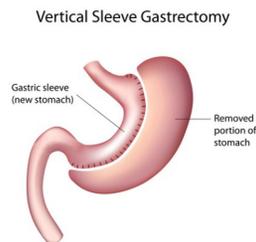
Roux-en-Y Gastric Bypass

- ★ A small pouch is formed from the stomach, and the small intestine is attached to the pouch, bypassing the remainder of the stomach and a large portion of the small bowel.



Gastric Sleeve

- ★ Approximately 80% of the stomach is removed, with the remainder of the stomach resembling a sleeve.



Combined with lifestyle changes, diet, and exercise, it is possible to lose approximately 60-80% of excess weight, depending on which surgical procedure is performed.

What are the Health Benefits of Surgery?

- ★ Significant, sustainable weight loss
- ★ Reduction/elimination in obesity related diseases such as diabetes, hypertension, polycystic ovarian syndrome, sleep apnea
- ★ Reduction/elimination in medication(s) taken for obesity related diseases
- ★ Improved quality of life

Financial Benefits of Surgery

- ★ Reduced healthcare spending
- ★ Reduced prescription medication spending
- ★ Reduced wages lost due to absenteeism



Dr. Charles Moore



Dr. Joel Rose

Am I a Candidate for Surgery?

To be a candidate for our program:

- ★ You must be between the ages of 18 and 64
- ★ Have no significant or unstable cardiac and/or pulmonary disease
- ★ Must be ambulatory (able to walk)
- ★ Have no history of organ failure and are not currently on a transplant list
- ★ Must have a Body Mass Index (BMI) of at least 35 to be considered for surgery

Patients with a BMI of less than 40 must have at least one medical problem related to obesity to qualify for surgery, such as **high blood pressure, diabetes, sleep apnea or reflux disease**. If you have a BMI greater than 55, weight loss may be required prior to undergoing a surgical procedure. **If you are unsure of your BMI, would like to discuss your candidacy for the program, or if you would like some more information about our program please contact our office.**